

PASC 2019 State Conference Workshops

HIGH SCHOOL ONLY:

HS01--- Media is the Move with Hunter Porcano

Social media is a huge influence on students today, though it can be complicated! From posting the right content to finding the right hashtags; running a successful social media account is hard. This workshop goes over techniques to improve social networking within a Student Council, and how it can make an impact on your school. #mediaisthemove

HS02--- Stepping In with Nafissa Tandia and Blake Foster

Stepping out of your comfort zone and attempting to expand your horizon is never an easy thing to do. But, with the help of other amazing leaders and a fun, hands-on activity, it will feel like a breeze.

HS03--- Skating the Rink of Negativity with Matthew Dougherty

Negativity affects everyone, but it can be helped. Learn how to skate around negativity and find positivity in all its forms with this workshop that's sure to change your perspective on a bad day!

HS04--- Aca-Scuse Me with Arjun Manjunath

Have you ever held yourself back from speaking out with a unique idea, because you're afraid of rejection? In "Aca-scuse me," a Pitch Perfect themed workshop, we will go over common issues that factor into limiting a person's opinion; including bullying, societal norms, media, body-image, unrealistic goals, and negative thought patterns.

HS05--- 7 Steps to Effective Leadership with Andrew and Laura Menet

Our workshop will teach you the 7 key steps to becoming a strong leader, regardless of your current leadership abilities! Based on the highly-acclaimed book "The 7 Habits of Highly Effective People" by Stephen R. Covey, our session will explain how YOU can become a better leader in your school, community, and beyond!

HS06--- How to Plant A Seed In Student Council with Kayleigh Moyer and Bella Hoffman

Learn to "grow" and develop your leadership skills in your council. "How to Plant a Seed in Student Council" will help to spread your amazing ideas in your council, and allow you to step out of our comfort zone while doing so!

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HS07--- How to Fake It 'Til Ya Make It with Vikas Rana, Derek Brown and Christine Palmer

Ever been asked to think outside the box? Or burst your bubble? Well, now's your time to think outside your bubble! In our workshop, you'll learn how to speak on your feet, build confidence in yourself, and have fun talking about everyday, random topics!

HS08--- Leadership and Beyond with Anne Griffin and Fran Parker

Leadership and Beyond is for those looking to improve communication with school administrations. Students will learn how to challenge administrations, problem solve, and communicate better to ensure that student voices are being heard through crazy games, interactive activities, and wacky storytelling! We hope to see you here!

HS09--- Becoming a Keystone Council with Ashley Neff

What does it mean to win the "Keystone Council" award, and how do we get there? In this workshop, learn about how your stuco can step up the game and showcase what you have to offer, and possibly earn some recognition for all your hard work.

HS10--- Bachelor Nation Communication with Jasmine Evans and Avery McGarry

In this Bachelorette themed workshop, you will learn all about communication! We will discuss public speaking, listening skills, types of communicators, and more all while relating it back to this season of the popular reality show.

HS11--- Shooting for Inclusive Connections: Implicit Bias with Calvin Polachek

In this workshop you will learn skills of how to combat your own implicit biases to improve your connections with others. This could lead you to create a much more inclusive network of Students and Educators at your own school!

HS12--- Parliament Party with Emma and Abby Dischner

Wanting to revamp your council with better decision making skills? Join us in Parliament Party where we will be celebrating better leadership skills with a fun icebreaker and an even more entertaining activity. Help us get the party started!

HS13--- Teamwork Makes the Dream Work with Cyja Hepler and Ella Longenecker

Get up on your feet and join us to learn how to improve your leadership style in a fun, interactive, and competitive way. We want to challenge how YOU view teamwork, so you can build a better council, school, community, and world!

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HS14--- Let's Talk with Madeline Wine and Rachel Short

A fun round table discussion inspired by the YouTube channel Jubilee. In this workshop, you will get to express your feelings on different topics and hear others opinions while learning to delegate an effective conversation.

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MIDDLE LEVEL ONLY:

ML01--- Leading by Listening with Anthony Schiavone and Azayna Gordon

Do you hear the music? Join us and listen to your way through our world of leadership. You will learn the importance of listening and how it will shape you into an ideal leader. Follow your ears, and lead by listening!

ML02--- What is Keystone Council? With Alicia Goldenziel

What is the Keystone Council award, and how do we build the kind of council that earns it? Learn more about how to build a strong and dynamic council that is worthy of such recognition.

ML03--- Taking Your Shot with Campaigning with Ellie Friedlander and Lydia Kitsch

Get ready to take a shot with campaigning! This fun and interactive workshop will show you how to run an impactful campaign, no matter the outcome, with 5 easy steps!

ML04--- Creating a Team with Creativity with Emily Thieu and Carson Francis

“Create a Team with Creativity” is a workshop that is centered around learning how to work with others. Here you will learn the importance of working together and thinking outside of the box within a student council by participating in fun team building activities.

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BOTH HS AND ML:

B01--- Take Your Shot at the PASC Executive Board with Amelia Orr and Brooke Barcavage

What would it look like to become a crucial part of PASC and how it runs? To share your ideas and see them flourish? What would it look like to be a voice for your peers on the Executive Board of this amazing organization? Let's find out and give it a shot.

B02--- Hakuna Matata Means “No Worries” Stress Management with Meghan Miller and Devyn Kelley

Our workshop teaches students what stress is, where it can be found, and how to cope with it in situations that can be hard. In this workshop, students will also be creating different stress relief tools. Join us for a fun experience, a break from the weekend, and a stress free environment!

B03--- Diversity & Inclusion: The Building Block of a Good Council with Evan Moore and Kathryn Albitz

In this unique Lego themed workshop, delegates will learn the concept of diversity and inclusion and the important role or responsibility it plays in the structure of a good council. Similar to how Legos work, diverse groups of people work together to accomplish a similar goal or task.

B04--- The MIRACLE of Leadership with Emily Brutko, Hailey Shillabeer, and Grace Tanner

Do you believe in miracles? Well just like the 1980 USA hockey team, all student leaders can overcome obstacles the same way. This workshop will include inspirational moments from the movie MIRACLE to teach valuable lessons on overcoming obstacles.

B05--- Magic Carpet with Cora Weldy and Olivia Chaapel

As a council, you always have a task at hand. However, some people on your council make that task hard to achieve. You, as a leader, must be able to communicate and achieve your goals even when faced with difficulty.

B07--- Five Hole Fundraisers with Pranjal Patel and Logan Meritz

In this workshop you will learn effective ways to raise money in your community for any school clubs. You will learn how to make connections with businesses near your school and communities.

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B07--- The Basics to Becoming A Parli Pro Kim Swartz and Peter Hibbard

In this workshop you will not only learn the basics to becoming a parli pro, but you will also engage in different activities and network with new people. Parliamentary Procedure is something that is used everyday, why not learn about it and enjoy it! Help us help you on your path to becoming a parli pro!

B08--- Hidden Leadership with Ashley Svec and Gianna Marasco

This is an opportunity to challenge yourself and other students through leadership, a journey to find the hidden leadership in simple activities, while strengthening your networking skills. We hope you join us in the search!

B09--- Social Skills with Rebekah Gerring and Alexandra Aungst

This workshop will help you improve your public speaking skills and communicate better with people in your life! Our tips are accompanied by complete activities to make you feel more comfortable with all types of social skills. Let's get talking!

B10--- On & Off the Ice: Teamwork Makes the Dream Work with Anna Fronk and Sarah Kelty

This workshop focuses on the ideals of teamwork. Learn what you can do to bring people together in positive ways. Put together your love of games, competition, and being a leader in this fun, engaging workshop that may or may not involve scooter hockey...

B11--- Breaking the Ice with Sierra Wiszneski and Mason Dorfner

During this workshop, we will be talking about the three levels of icebreakers. Getting to know new people is cool- IF you do it right. Join us to break the ice!

B12--- Super STUCO with Jodi Baron and Graydon Schmeckenbecker

Super STUCO is all about taking charge and working as a team to get you to effectively become leaders-- even superheroes-- of your council. This is an activity-packed workshop certain to get students out of their chairs, involved and engaged!

B13--- What's Your Value? with Allie Plassio

This workshop allows you to evaluate and learn about your personal values. You will be provided the chance to think about how your own personal values might affect how you lead others in your school. By knowing your own value, you respect the value of others around you and become a better leader!

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B14--- Fantastic Leadership Styles and Where To Find Them with Bonnie Mundy and Aidan Friedman

Delegates will walk away with the understanding of what the different types of leaders are in their student councils, how to identify them, and how to work well with them. Come join us on a fun journey to find all kinds of FANTASTIC leadership styles!

B15--- Stay In Your Rink: Events On A Budget with Joy Donovan and Julissa Miranda

Want to learn how to plan a fun event for your student body on a small budget? Want to know how to properly *make* said budget? Join us to learn how!

B16--- Leadership SLAM Ball with Jalyn Jimenez, Michael Gallo, and Andy Miseses

Want to shoot your shot at PASC? Attend our workshop to have a fun-filled basketball game experience with other delegates, all while talking with one another about bettering your leadership. The team with the most points will win a candy prize!

B17--- For the Kids with Four Diamonds

Mini-THONs are one way you and your school can do your part to help cure childhood cancer, and there are also many more. Join representatives from the PASC-partner organization itself to learn more about who they are, what they need from you, and how you can help lead them to success!